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From the desk of Bobby Mann, DMD your LDS President. . . .

My thoughts on this Holiday Season, whatever your denomination, even if you do not have one, or if you have one but are not a participant, ie. you are secular. . . the bottom line, it is truly all about LOVE. "Love is never having to say I'm sorry," . . . seems like I remember that from Ryan O'Neal-Ali McGraw in THE LOVE STORY, an outstanding movie from the 70's. LOVE is about GIVING and as with most value systems, it should begin at home. . . setting the example, so that our children or mentees will follow the GIVING standard which you have established. Will you acknowledge that our children are our greatest asset? Then below are 5 ways to teach your kids the art of GIVING this holiday season. "The key is to make the act of GIVING interesting to children so that they will want to make philanthropy a part of their lives," so says Jean Shafiroff.

The following was taken from CNBC:

LEAD BY EXAMPLE and do it together. Your kids emulate you. If they see you give, they will give, and this should begin at a young age. Find a "cause" that you and your child can participate in together. "By working together the parent can teach the child many of life's important skills as they relate to dealing with different kinds of people," Shafiroff says. A sense of bonding can ensue from this endeavor.

DO IT ALL THE TIME. Make GIVING a routine behavior, like other behavior taught to children, a giving spirit can be instilled. . .not just for the holidays. . . and not expecting anything in return. Activities that children love include walking dogs at an animal shelter and opening doors for strangers. Games that GIVE.

MAKE IT JOYOUS. While GIVING is meant to benefit someone else, it need not be a miserable chore or sacrifice for the GIVER. Packing meals for the homeless, singing Christmas songs at nursing homes.

USE IMAGINATION AND BE TIMELY. Author and speaker Robin Samora made a list of "50 ways to be Thankful and Show Random Acts of Kindness" that include simple reminders, like writing thank you notes, playing with a younger sister or brother and sharing a snack, passing out homemade Christmas tree decorations to strangers on the bus or carry extra umbrellas on rainy days.

COUNT YOUR BLESSINGS. "The Giving Book" teaches children to share in the pleasure that GIVING produces; it introduces the feeling that someone helped you or GAVE you something special. . .that you can make other people feel SPECIAL too. . . Make other people HAPPIER, HEALTHIER.

YOU CAN MAKE THE WORLD A BETTER PLACE.

Continued on page 2

Part 2 of my message: **Special announcement: Derby Festival Poster Contest**

Every year the Governor's office creates a Derby Poster to display in the Kentucky Capitol and trade with the Kentucky Derby Festival President at the Kentucky Derby Festival luncheon that will be held in April. In the past it has been common practice to hire a professional artist to create the design for this poster. However, this year Governor Bevin and First Lady Glenna Bevin would like to encourage youth participation all over Kentucky by allowing students to create the design for the poster. The contest will kick off in January and students between freshman and senior years of high school will be invited to submit their designs through the website by February 17. Those in the contest should ask themselves what the Derby means to them.

Five finalists will be chosen and those five finalists will be invited to a luncheon at the Governor's Mansion in March. Each finalist will receive a prize at the luncheon and the winner will be announced. The winner will not only receive the prize the other four finalists received, but they will also be invited to attend the Kentucky Derby Festival Luncheon as well as the Governor's Derby Gala, along with his or her family. The Governor & First Lady will be in attendance at the luncheon. In addition, the winning design will be printed and sold around Louisville as well as traded with the Kentucky Derby Festival President.

This is not only a great way for students to use their creativity, but also presents a wonderful item to add to their resumes! We are asking you to promote this contest to your student patients and get as many kids involved as you can. There is a flyer on the next page of this newsletter that you can print and hang in your office where your patients can see it or you can make copies to give to your patients. **If you advertise this contest to your patients you will be recognized at the Derby Festival Luncheon.**

Attention all LDS members: It is not too soon to start planning for the **2017 LDS Day at the Races.**



The event will be held June 2 at Churchill Downs in the club house on millionaires row. It is a fun and exciting day with a great buffet, door prizes and oh yes, horse racing. In recent years we have had a great response from our members and we have sold out all of our allotted tickets—832. Watch for more updates to come in the LDS newsletter. It seems like June 2 is far away but believe me it comes around very quickly I guarantee you and your staff and friends will have a wonderful day.
Rocco Patella, DMD

Hearts In Motion 2017 A non-profit service organization that provides school construction, medical/dental/ physical therapy care and treatment for children, families and communities through its programs and sponsorships in Central and South America. Several of our members have gone on mission trips through Hearts In Motion. Pictured here are Drs Chris Mattingly & Bobby Mann. Drs Blincoe & Shutt & Dr Kenneth Livesay have made donations to Hearts in Motion in 2016.



What If Organized Dentistry Went Away? *Dr Emily Iskhanian, University of Nevada, 2010*

Recently, a friend made the comment that "organized dentistry was going away." The comment struck me, and it took me a moment to process what she said. What would my life look like, or better yet, what would my profession look like if organized dentistry dissolved over time? [Read more](#)

EPA Issues Final Rule Requiring Dental Practices To Use Amalgam Separators.

The [ADA News](#) (12/15, Garvin) reports the EPA released a final rule requiring that all dental practices nationwide install amalgam separators, stating in the final rule executive summary, "EPA has concluded that requiring dental offices to remove mercury through relatively low-cost and readily available amalgam separators and BMPs makes sense." The ADA commended the EPA, who listened to the association's input and incorporated the ADA House of Delegates' nine principles regarding a potential amalgam rule into the final product. In a statement, ADA President Dr. Gary L. Roberts said, "The ADA believes the Environmental Protection Agency's new federal regulation represents a fair and reasonable approach to the management of dental amalgam waste."

The ADA released a [statement](#) reaffirming its [position](#) that "dental amalgam is a durable, safe and effective cavity-filling option" and providing information for patients about restorative materials at [MouthHealthy.org](#).



Requirements: Students in their freshman through senior years of high school

Deadline: February 17th

Website: firstlady.ky.gov

Theme: How do you see the Derby?

For more information about the contest, please visit the website above.

Kentucky Needs You!

Calling All Kentucky High School Artists

The Governor's Office is preparing for the Kentucky Derby by designing their annual Derby Poster. This year the Governor and First Lady have decided that instead of hiring a professional artist to design the poster, they are seeking high school students from all over Kentucky to participate in creating the artwork.

Students should submit a piece of art that depicts how they see the Kentucky Derby. Designs may be submitted through the First Lady's website by February 17th. Five finalists will be chosen to attend a special luncheon at the Governor's Mansion where the winner will be announced.

The winner will be invited to both the Kentucky Derby Festival's Luncheon and the Governor's Derby Gala both held at the Governor's Mansion. The Governor and First Lady will be in attendance. In addition, the winner's artwork will be featured on the official Governor's 2017 Kentucky Derby Poster.

You could be the big winner!



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2016-17 SCIENTIFIC SESSIONS SCHEDULE

All LDS meetings are on Thursday evenings except January. **MONDAY January 23** dinner meeting at **Ruth's Chris Steak House**. Dr Bruno Azevedo presenting on Diagnosing from Panorex x-rays. This is a limited attendance seminar. We will be in a private room which holds only 54 guests. We mentioned in numerous previous e-mails that this meeting would sell out & we are happy to report that it has! All seats were filled by Monday, December 12th. We are sorry if you did not sign up in time. We may do this again next January, so look for early sign up.

Thursday, February 16 and April 20 LDS will be at **Audubon Country Club**. **\$25 in advance for each of these meetings—call 502/244-2005 to reserve w/ credit card or mail check to LDS.**

February 16 dinner meeting at Audubon CC, \$25. **Aging and the Oral-Systemic Connection** with **Dr. Jan Potempa**, Professor at the University of Louisville School of Dentistry and **Dr. W. Michael Mansfield**, Assistant Professor at the University of Louisville School of Dentistry.

April 20th dinner meeting at Audubon CC, Dr Brian Alpert presenting. LDS will honor Past Presidents and their spouse. Please bring your spouse, \$25 per person.

Dr Paul Boyd LDS scientific sessions chairman this year, has some great speakers lined up for you. We have checked the basketball schedules and other dental meetings (ADA, Chicago Mid-winter, Hinman & KDA) and they do not conflict with our LDS dates, so we look forward to seeing you at these meetings.

February 23-25, 2017 Chicago Midwinter Meeting

March 23-25, 2017 Hinman Dental Meeting in Atlanta, GA

August 24-27, 2017 KDA Meeting French Lick, IN.

FREE LDS Dental Clinic @ 4th Avenue Methodist Church, Louisville-near the Dizzy Whiz!

Saturday, January 21, 9 am—1 pm Please join us—we need you!

Help your community, enjoy some camaraderie with your colleagues and have some fun!

Sure could use some help treating the patients! You will work with & inspire the dental and pre-dental students who also help with this endeavor.

Thanks for everyone's support.

Contact Randy Ransdell: Call me on my cell @ 502-599-7361

If you can make it, please call Dr Ransdell or let Susan know at 502/244-2005.

We have now completed over \$100K of FREE dental care helping 341 patients in just over 11 months!

Dr Stratton, April Duvall & Melanie have pushed the re-opening/re-outfitting of the 4th Avenue Methodist Church Dental Clinic.

Dr Jacobi has spearheaded the Pre-dental society's involvement & Melanie Lennon crafted an agreement to allow them to become x-ray certified.

Becky Montague, St Joe's & FCC have melded a great partnership in treating their community.

Sojourn, with Melanie's guidance, continues to be a model partnership for dental care for their area.

Metro Health Department continues their generosity with allowing usage of the van

LDS Volunteer dentists, LDHA volunteer Hygienists, Susan & Jim Lewis, ULDS Students....We could not do it... without you all.

Generous financial help from The Delta Dental Foundation, Bowman Insurance & others have allowed us to expand our reach & services.

We've changed our
LOOK & LOCATION
 - and **nothing else.**

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